# WEEK 1 MENU

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 11/09, 02/10

	CHOICE	CHQICE	GRA
MON	<b>Bangers and Mash</b> Served with Peas and Gravy	Plant Based Sausages Served with Mash, Peas and Gravy	• Roasted India
TUE	<b>Chicken Masala Naan</b> with Crispy Spiced Potatoes and Mint Yoghurt Dressing	<b>Roasted Rainbow Vegetables o </b> with Flatbread Fingers, Carrot and Coriander salad and Houmous	SALADS: Tuna and Swee Pesto Pasta Sala SANDWICHES/BAC
WED	<b>BBQ Mandarin Pork # %</b> Served with Vegetable Egg Fried Rice	Sweet Chilli Noodles 🛛	Ham & Cheese Chicken, Lettuce Cheese Sandwi Ham Baguette Cheese & Toma
THUR	<b>Sriracha Glazed Chicken Burger</b> Served with Chipotle Wedges and Sweetcorn	<b>Plant Ball Marinara Melt ©</b> Served with Chipotle Wedges and Sweetcorn	WRAPS: Tuna Crunch W Pepper and Ho WRAPS:
FRI	<b>Fish and Chips</b> Served with Baked Beans and Peas	Vegan Sausage Roll © Served with Chips, Baked Beans and Peas	Paninis Pasta & Sauces Freshly Baked F Love Joe´s Mex

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 🐲 Oily fish 😻 Wholegrain 🕕 Halal

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FOOD UNION

# AB&GO OPTIONS

### PECIAL

lian Chickpea Salad 🙍 🔹

eetcorn Pasta Salad alad 😻 💖

#### BAGUETTES:

se Sandwich uce & Mayo Sandwich wich v e nato Baguette v

Wrap 😻 Ioumous Wrap 💿 😻

es d Pizza Iexican Burrito

# WEEK 2 MENU

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

CHOICE
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MON	<b>Sloppy Joe Burger</b> Served with Baked Garlic and Herb Wedges and Sweetcorn	<b>Vegetarian Cottage Pie </b> Served with Sweetcorn, Peas and Gravy
TUE	<b>Chicken Katsu </b> Served with Wholegrain Rice and Peas	Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl 💿 🐲 🥪
WED	Honey Roasted Ham and Mash Served with Peas and Gravy	Macaroni Cheese 💿 🐲 with Pizza Pinwheel and Vegetables
THUR	<b>Chicken Tikka Masala :</b> Served with Wholegrain Rice, Mini Naan and Sweetcorn	Roasted Cauliflower and Chickpea Korma ⊘ ⊯ ↔ Served with Wholegrain Rice, Mini Naan and Sweetcorn

**Crispy Chicken Burger** FRI Served with Chips, Peas and Baked Beansá

Vegetarian Burrito 💿 🐲 💝 Served with Chips, Peas and Baked Beansá

# WEEKLY SPECIAL

Moroccan Chicken Salad

#### SALADS:

Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 😻 💖

#### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich 🔿 Ham Baguette Cheese & Tomato Baguette 📀

#### WRAPS:

Tuna Crunch Wrap 🐲 Pepper and Houmous Wrap 💿 🐲

#### WRAPS:

**Paninis** Pasta & Sauces **Freshly Baked Pizza** Love Joe's Mexican Burrito

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 救 Oily fish 😻 Wholegrain 🕕 Halal

# GRAB & GO **OPTIONS**

# WEEK 3 MENU

W/C: 01/05 , 22/05 , 12/06 , 03/07 , 24/07 , 04/09 , 25/09 , 16/10





MON	<b>BBQ Beef Meatballs :</b> Solution State and Peas With Wholemeal Pasta, Pizza Pinwheel and Peas	Cauliflower Mac ´n´ Cheese ⊗ ⊯ ≫ with Pizza Pinwheel and Peas
TUE	<b>Crispy Katsu Fish </b> Served with Wholegrain Rice and Peas	<b>Vegetarian Chilli 💿 👹 🥪</b> Served with Wholegrain Rice and Peas
WED	<b>Roast Chicken and Mash </b> Served with Peas and Gravy	<b>Beetroot and Feta Burger ©</b> Served with Garlic and Herb Wedges and Apple Slaw
THUR	<b>Chicken Shawarma </b>	Chinese Vegetable Noodles 🛛 😻 Served with Peas
FRI	<b>The Sausage Dog</b> Served with Chips, Baked Beans and Peas	<b>The Veggie Dog ©</b> Served with Chips, Baked Beans and Peas

🎽 Fruity! 😻 Nutritionist's Choice 🛛 Vegetarian 🐲 Oily fish 😻 Wholegrain 🛛 🕕 Halal

#### FOOD UNION

### GRAB & GO OPTIONS

### KLY SPECIAL

eet Chilli Chicken Noodle Salad 🏾 🗨

ınd Sweetcorn Pasta Salad Pasta Salad 🐋 🤝

#### ICHES/BAGUETTES:

& Cheese Sandwich en, Lettuce & Mayo Sandwich e Sandwich Baguette e & Tomato Baguette o

Crunch Wrap 😻 r and Houmous Wrap 💿 👹

& Sauces y Baked Pizza oe´s Mexican Burrito