

Relationships and Sex education at Saltash

Information for parents

Roles and responsibilities

- The RSHE (Relationships, sex and health education) programme will be led by Emma Gue (Head of PD) who has been part of the government early adopter scheme, to ensure that we are at the forefront in gaining vital information as well as being involved in the consultation process.
- It will be taught by two designated PD teachers that are part of the PD team, as well as external practitioners that deliver sessions to support the curriculum including Devon & Cornwall police, Brook, Barnardo's and Kernow Positive. When this is the case, teachers will remain in lessons and will work with the visitor on planned content, style and suitable approaches.
- We have been delivering the RSE Curriculum within PD lessons historically for a number of years and have made some adjustments to the Curriculum to include all of the required content.
- All teaching staff within the PD department are experienced in the delivery of all topics covered and will receive specific training provided by Brook/Barnardo's or other appropriate organisations in covering the RSE elements of the Curriculum. We are also part of the Teaching Schools South West network allowing for extra training and consultation with other schools.
- RSE will be taught within PD lessons throughout years 7-13 alongside careers education, citizenship and health education, each topics are delivered in every year groups addressing the appropriate age related content.

Legislation

- Revised department for Education statutory guidance states that from April 2021, all schools must deliver relationships and sex education which we will deliver through PD and the wider curriculum.
- All students will be taught the Health Education and the relationship education elements of relationships and Sex Education as it is important that all pupils receive this content, covering topics such as friendships and how to stay safe.
- Parents have the right to withdraw from the sex education elements of learning but not the relationships or the health education elements of the programme. The science curriculum also includes content on human development, including reproduction, which there is no right to withdraw from.

Delivery

- RSE lessons will be taught in designated teaching rooms (it will be slightly different for the start of this term in line with our covid-19 safe changes), within PSHE lessons that are timetable for students, students receive one lesson a week at KS3 (from September 2020 onwards) and one lesson a fortnight at KS4, although some of the elements will be delivered in other subject areas and tutor time.
- It is delivered by a small team of specialised staff members all using the same planned/up to date and varied resources. Please email me at egue@saltashcloud.net if you would like to view the resources that we use..
- Selected resources, such as research pieces, appropriate worksheets, online resources and film clips, will be used which support and promote understanding within the content of our school values and preparing our students for an ever changing world.

- Using a well-planned spiral Curriculum from Y7-11 (on the school website), including a range of teaching methods and interactive opportunities which give the chance for students to express their opinions and views. As well as the opportunity to hear and empathise with guest speakers who either talk from previous experience or with specific expertise.
- Teaching materials are selected from a wide range of recommended resources including Brook, Rise above, EC Resources and Medway and we have quality assured our programme using the PSHE association curriculum intent and other relevant sources.
- RSE is delivered in a relaxed, secure environment where students feel confident to ask questions and discuss issues freely.
- Students learn to work in groups, discuss sensitive issues and develop respect for each other's opinions, values and beliefs, differences and diversity.
- The programme complements the important role played by parents/carers but recognises that some parents do not feel able to discuss such matters with their children.

Assessment

- We have the same high expectation of the quality of pupils' work in PD as within other school subjects.
- Our spiral curriculum will build on the knowledge pupils have previously acquired, with regular feedback on pupil progress.
- There is no formal examined assessments, in order to ensure that the provision is of the highest quality assessment in RSE will take the same approach as all other PSHE topics capturing progress by self-evaluation.
- Students will complete a knowledge audit at the start of each topic area and will complete one at the end, along with ongoing teacher assessment by questioning, peer assessment and the use of ongoing plenaries.

Curriculum content

RSE Curriculum design

Our RSE programme is an integral part of our whole school PD education provision and will cover the below topics (I have indicated below the year group that it is initially delivered in-many topics are revisited more than once):

- an awareness of differing moral, cultural and religious values-Year 9
- an awareness of the differing views and attitudes on abortion-Year 9
- an understanding of the range of attitudes, values, beliefs and behaviours in society. Promotion of tolerance towards those who are different or with whom we disagree-Year 8
- the meaning of 'love'-Year 8
- the importance of loving and caring relationships, whilst recognising that students in our care are from a variety of home backgrounds, thus some may have limited experience of such relationships-Year 8
- strategies on forming healthy, safe & respectful relationships-Year 8
- preparation for the problems associated with puberty and adolescence-Year 7
- arguments for delaying sexual activity and how to resist unwanted pressure-Year 8
- the concepts of, and laws relating to, sexual consent-Year 8, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage,

honour based violence and FGM, and how these can affect current and future relationships-**Year 9**

- how people can actively communicate and recognise consent from others, including sexual consent , and how and when consent can be withdrawn-**Year 8**
- information about HIV / AIDS and other sexually transmitted infections-**Year 9**
- encouragement to take personal responsibility and to be aware of the consequences of their actions, especially in relation to contraception, learning about different methods and safe sex-**Year 9**
- the difference between sex, gender, gender expression and sexuality, and some other key words and concepts around these-**Year 9**
- that all aspects of health can be affected by choices they make in sex and relationships positively or negatively-**Year 9**
- preparation for their future role as adults and potential parents; the nature of marriage and the value of a secure home environment for bringing up children-**Year 9**
- how to deal with a breakdown in relationships and the effects of loss and bereavement-**Year 7**
- On line and the media including what pornography is & the law relating to it, challenging fantasy v reality, its impact on relationships and self-esteem, body image, sexual decision-making, etc-**Year 10**
- How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment-**Year 8**